

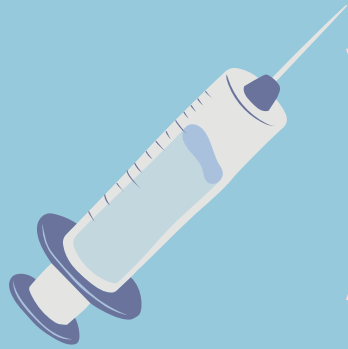


All about the COVID-19 vaccine

*Lewisham Primary Care BME Network
with
The Do No Harm Collective*



What is the COVID-19 vaccine?



A vaccine is an injection that can help our bodies **fight diseases**. This vaccine helps our bodies to fight **COVID-19** so that if people get COVID-19, they get less sick and do not have to go to the hospital.



You will get a letter or phone call inviting you to get your injection.



To protect you from COVID-19 you will need 2 injections of the vaccine 3-12 weeks apart.



Cells are important parts of the body that have many jobs, including fighting viruses like COVID-19.



The vaccine lets our body make new **cells**, which remember how COVID-19 got into the body.

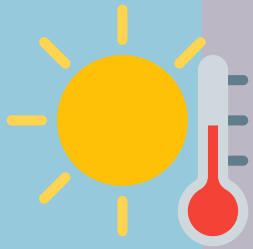
It will be injected into your arm with a needle.



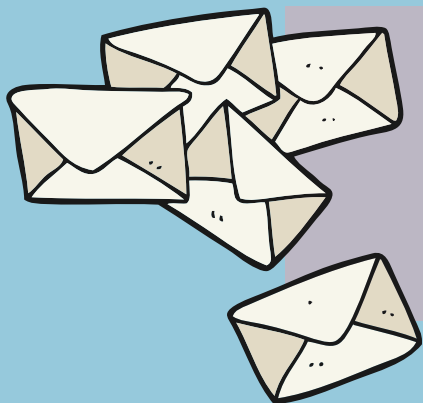
If you get COVID-19 and have had the vaccine, these cells fight against COVID-19, making it **harder for COVID-19** to make you very sick.

Source: NHS and CDC

What will happen after I get the COVID-19 vaccine?



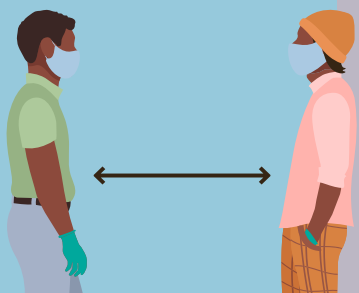
You may feel **hot** and have a **sore arm**. You can take medicine to help with this, like paracetamol.



You will get a **letter** or a **phone call** after your first injection to tell you when your next one is.



Keep the card that you were given with the name of the vaccine, and the date.



After your injections, keep wearing a **mask**, **wash your hands** and **socially distance** yourself from other people. This is important because you still need to protect yourself from COVID-19.



Source: NHS and CDC

Answering your Questions



Will the vaccine make me sick with COVID-19?

No. If you feel hot, have a cough or lose your sense of taste and smell after having the vaccine, you may have already had it before your injection.

I have already had COVID-19.
Will the vaccine still work?

Yes. The vaccine helps to protect you from getting very seriously sick from COVID-19.



Can I still give other people COVID-19 if I have had the vaccine?

Yes. This is why it is still important to socially distance, wash your hands and wear a mask after having your vaccine.



Source: NHS and CDC

Answering your Questions

Will the vaccine stop me from being able to have a baby?



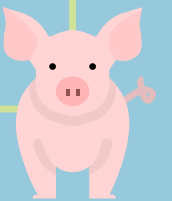
The COVID-19 vaccine does not change if someone can have a baby.



Is there pork in the vaccine?



None of the COVID-19 vaccines have pork in them.



Does it actually change your DNA?



The COVID-19 vaccine does not change your DNA - the material in the vaccine called mRNA is different to our DNA, and the mRNA gets broken down when it gets into your body after the injection.



DNA is found in our cells. DNA is important because it gives instructions to your body.

Can the vaccine be used to track me with microchips?

There is nothing in the COVID-19 vaccine that would let anybody track you.



Source: NHS and CDC